Date | Event | Venue | Cost | Time
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26-30/10/15 | Gonski Week |  |  | 
26-30/10/15 | Intensive Swimming Scheme | Lismore Memorial Baths | PAID | 12:30 - 1:30pm
27/10/15 | Scripture | LPS |  | 2pm
28/10/15 | Halloween Disco & Meal Deal - $10.00 or $7.00 without disco entry | LPS |  | Dinner 5:30 - 6:30pm
29/10/15 | Sydney Story Factory - Student Workshop | NIL |  | 9:30 - 10:30am
30/10/15 | Halloween Casual Day - Gold Coin Donation - Sausage Sizzle $2.00 | LPS | Gold Coin |  
30/10/15 | School Assembly | LPS |  | 2:30pm
26-30/10/15 | Intensive Swimming Scheme | Lismore Memorial Baths | PAID | 12:30 - 1:30pm
3/11/15 | Scripture | LPS |  | 2pm
3/11/15 | Meal Deal - Melbourne Cup | LPS | $6.00 | 1- 2pm
4/11/15 | Big Scrub Public Speaking Finals | Lismore City Hall | Nil | 10am -1pm
5/11/15 | Sydney Story Factory - Student Workshop | NIL |  | 9:30 - 10:30am
6/11/15 | Sports Assembly | LPS Hall | NIL | 10 -11am
6/11/15 | School Assembly | LPS |  | 2:30pm
Principal’s Report

North Coast National

Well done to our students in the Senior and Junior choir who performed at the North Coast National Show on Thursday. Feedback from all was most positive.

Congratulations Estella

Congratulations to Estella D in year 2, whose photographic entry in the North Coast National last week was awarded first prize in the Primary Photography Competition. This is a wonderful achievement which meant that Estella’s entry was then put alongside High School students work.

Halloween Disco

Don’t forget the Halloween Disco on Wednesday evening, with dinner from 5.30pm and the disco running from 6.00pm till 7.30pm. Please note that once the disco commences, children will be required to stay inside the hall under teacher supervision. Jenny Lumley is running a workshop on managing children in the school library during this time and I would encourage all parents/carers to join us there.

School Bags

P&C is looking at the possibility of selling school bags. There is a sample on display in the office. They would be supplied with the school logo at a cost of around $40. The bags are of good quality and come with a lifetime guarantee. At this point P&C is looking at levels of interest. Please leave your child’s name at the office if you would be interested in purchasing one.

Martin Gill
Principal

Gonski Week

Gonski money is critically important to the education LPS students. Over the last 2 years, the $128,000 of funding received has made an incredible difference to supporting our students’ needs. It has provided a range of resources that have made a significant improvement in the areas of literacy and numeracy where gains have been made in students reading levels by one, two and even three years. Gonski funding has provided time for teachers to meet with colleagues to analyse data, plan and implement lessons to better meet the learning needs of students. The Funding has also enabled our school to employ both a speech and occupational therapist to support our students. Without Gonski funding, this is difficult to do.

Gonski money has been used across a variety of learning areas, from providing training for teachers so that they are highly skilled teachers who can provide quality educational programs. It has also allowed us to provide one-on-one SLSO support for those students who need it.

Public schools need to continue to receive the full 6 years of Gonski funding to continue to maintain these high quality services and student care, that this money was originally intended. Lismore PS has been able to make a significant difference to its students.

Joyce Skennar - Teacher

LPS Junior & Senior Choir News

On the 22nd October the Senior Choir and Junior Choir went to the Lismore show. The Senior Choir sang Riversong, Down by the Riverside and Puttin’ on the Ritz. We sang You’ve got a friend in me with the Junior Choir. After we finished singing we all went into this building called a pavilion that had things that took hours to make. We were nervous at first but when we got on stage it wasn’t that bad.

The End by Kim T

We went to the show on a bus to sing Octopus's Garden, Edelweiss and Great Big Stars and then the big kids sang with the junior choir.
We had fun. By Ellie & Sophie
Rethink sweet drinks

Many children are so used to sugary drinks; it will take time to break the bad habit, as taste buds need to be re-trained away from the sweetness overload these drinks provide. Here are some things you and your child can do to help break the sugary drink bad habit:

**Decrease the frequency.** If your child is having juice three times per day, start by cutting out one serving per day.

**Only carry water.** When out and about, carry water to quench your thirst.

**Water down juices.** Yes, even drinks that are 100 percent juice are still loaded with sugar. Each day add more and more water to each sweetened drink until reaching a point of almost nothing there.

**Stop buying sweetened drinks.**

**Make water easily accessible.** Place a water pitcher in the refrigerator or on the counter, or put it in colourful, eye-catching water bottle or cup.

**Infused water.** Mix in fruit (frozen or fresh), vegetables or herbs such as mint or thyme. Let it sit overnight, and in the morning you’ll have a delicious batch of infused water.

**Unsweetened milk.** Cow’s milk, almond milk, soy milk or rice milk are all fabulous choices. Three servings per day help provide adequate calcium and vitamin D.

Next time your kids are reaching for a drink, help them refrain from sipping something sweet. Their health may depend on it.

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**Positive Behaviour for Learning (PBL)**

**Eating Time Recess and Lunch**

- **BE RESPECTFUL**
- **WEAR CORRECT UNIFORM**
- **SPEAK POLITELY**
- **FOLLOW STAFF INSTRUCTIONS**
- **BE PUNCTUAL**

Focus this week is: **STOP! LOOK! LISTEN!** Ask your child/ren if they can show you how it looks

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**Halloween**

Jelly bean guessing competition and raffle tickets are being sold Wednesday evening at the School Disco by the choir children.

Only a few days left until the raffle is drawn at the Friday assembly.

Halloween fancy dress casual day Friday 30th October. Gold coin donation.

Sausage sizzle $2.
RESPONSIBILITY - Be Accountable

Principal Awards will be presented on:
Friday - Bronze, Silver, Gold & Platinum
Monday - Infants Awards
Wednesday - Primary Awards

Infants White Awards:
1S: Grace S
2G: Ellashae F, Seth S, Rahmi M, Oliver W, Kiara G

Gold Awards:
1S: Tanisha S

Bronze Awards:
1S: William V

ThemeParks.com.au
Our School Ticket Sale

Village Roadshow Theme Parks is offering our school community a limited time ticket offer. Simply visit ThemeParks.com.au/promocode and enter our promocode “CPC615” to gain access to these ticket offers.

Terms & conditions apply, offer valid for a limited time.

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